



REBUS CLUB NEWS

June 2023

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Welcome to the June edition of Rebus Club News. As this is a short month, and the weather is lousy, I decided to make an early start on this edition – what else is there to do? However, some brave souls have ventured out on trips regardless, as you will learn later. Many have had, or are about to have Mid-Winter Lunches, with warming food appropriate to the season, accompanied as usual by the camaraderie that occurs at such functions.

By now, I am sure you will have caught up with the news that Deputy Chairman, **George Tregidga**, has stepped into the role of Chairman, up until the 2024 AGM only. This is an important role, but not an onerous one, suited to an organised, people-oriented person. An established, supportive Board is on hand for the right candidate, who would benefit from time as a Rebus NZ Inc. Board Member prior to assuming the role of Chairman at the next AGM. Please discuss this subject among your members/friends to see if you can encourage a candidate for the position. For further details contact George Tregidga, gandc@xtra.co.nz or ph. 027 223 7953. The 2024 AGM will be held in Mount Maunganui, hosted by the Omanu Rebus Club, 3rd-5th May, 2024. Make a note in your diary, and I hope to meet you there.

So, pour yourself something warming, and let's trip around the country to catch up on news from Rebus Clubs:

AVONDALE LADIES' REBUS CLUB

April Speaker: Bob Barrett spoke of his time in the Police Force from the 60's onwards, recounting some of the adventures he was involved in along the way.

May Speaker: Jim Morrow. Subject: His Antarctica experiences, with reference to Sir Ernest Shackleton.

Barbara Douglas, Newsletter Editor.

REBUS CLUB OF HAMILTON



Some of the members of the Walking Group, organised by Kaye Wallis.

**It is better to grow old with a sense of humour,
than to grow old with no sense at all.**

Kath Kenrick, Bulletin Editor.

TAUPO MOANA REBUS CLUB



18 members gathered on the steps of the **Taupo Museum** in Story Place at 10.30am. It was destined to be a self-guided tour, so armed with our plan of the museum, members set off to explore its contents. We all came away with the lasting impression of an excellent showcase of the early days in the Taupo region - Māori, early colonial days, the timber industry and, of course, our very own Volcanoes. Next our lunch stop, the **Incredible India Restaurant**. Our number had now swelled to 24. We were welcomed and enjoyed slick and charming service - the curries were very tasty especially on a chilly Taupo day! Hopefully members will revisit to support our local hospitality industry. An excellent outing which was enjoyed by all attending.

Susan Blackman.



REBUS CLUB OF FEILDING

Our **May Speaker** was **Cindy Lilburn from Te Manawa Museum**, Palmerston North. Cindy showed a PowerPoint presentation of Antique lingerie and corsetry starting from 1860's and she also brought garments to show us. Edwardian underwear included chemises, combination drawers, long petticoats worn over corsetry. The 20's was the flapper era, we said goodbye to the corset and hello to wisps of underwear, French knickers & the bra. In the 30's the long line bra, knickers & silk stockings, In the 40's the girdle & the garter belt. From 40's & 50's nylon underwear, knickers & nightwear. In the 60's there was post-war petrol rationing, an increase in family life & the youth generation i.e., Mary Quant. The 70's saw the body suit & in the 80's lycra & shapewear. Back supportive corsets were also made for those with back problems.



Lyn Jensen.

REBUS CLUB CAMBRIDGE



Ploughman's Lunch 2023: There were grapes, champagne ham, roast beef, soft bread, lashings of butter and relishes, a selection of cheeses, cherry tomatoes, all complimented by a range of mini cakes and tea and coffee to finish. The 2023 Ploughman's lunch was well attended. The theme was "**Best Op-Shop Buy**" and members brought along and talked about items of interest.



Steve O'Sullivan, Presidential Scribe.

REBUS CLUB OF RIVERSIDE HAMILTON



Life Membership: Last month, President Dennis presented a Life Membership Award to **Roger Frazer** for his service to Riverside Rebus Club.



Mid-Winter luncheon, 13th June, "Heads Up"



What a wonderful time was had by all.

Steve O'Sullivan, Bulletin Editor.



REBUS CLUB OREWA



Our **Guest Speaker in May** was club member **Norman Biss**. He talked to us about his experiences emigrating to New Zealand in 1948 with his parents and 2 sisters via boat, train, and air. After delays departing Southampton on Cunard's ship **Queen Elizabeth** due to strikes by seaman and foggy weather, they finally departed for New York, then a train journey to San Francisco, where they boarded a Pan American Airways plane via Hawaii to American Samoa, and finally to NZ, landing at Whenuapai Airfield. They were the first flight of immigrants to arrive at Whenuapai. Their story of emigration was reported in the British newspapers and the NZ Herald. His slideshow was very interesting showing a collection of family photos of the journey, passenger lists, boarding passes, tickets, and menus. The menu onboard the ship was very extensive with foods offered that were not available in austere Great Britain at the time.

Maureen Grigg, Bulletin Editor.

WAIRERE REBUS CLUB OF WANGANUI
30th ANNIVERSARY LUNCHEON



Margaret Smith.

WEST AUCKLAND MEN'S REBUS CLUB

Guest Speaker: Richard Blakeborough from Independent Living



Charitable Trust. They have stores at Browns Bay, Botany and Royal Oak. "Walking sticks and walking frames have sod all to do with walking. They have everything to do with balance. They are a balance device. When you get over a certain age, if you fall over and break your hip, you have a 60% chance of not coming home. Reachers are intended for picking things up from the ground. Shower mats for securing your feet are a good thing. Merino socks are the best product in the world: cool in the summer and warm in the wintertime. More importantly, merino doesn't hold body smells or odours because it's a natural product. You can wear these socks for a week, and no one will ever know." (Photo R. members inspect products on display at morning tea time).



Vince Middeldorp, Secretary.

SOUTH WAIRARAPA REBUS CLUB

Those attending our May meeting were educated and activated by **Yvonne Rhodes** speaking on the prevention of falls, particularly important for those in our retired age group. In 2022 ACC accepted almost 750,000 claims arising from falls. For over 65s, the ACC cost is about \$233 million per year. No other source of injury, including road trauma, costs as much. On average, about one in every three people over the age of 65 will fall in any one year. For those over 80, one in every two will fall, with 4% in hospital and 1% suffering a hip fracture. Falls are the leading cause of death for both men and women over the age of 75.

The best prevention strategy is regular exercise, leading to improved balance, strength and flexibility, stronger bones, and better sleep. Yvonne followed up this sobering reflection on falls with a demonstration series of gentle exercises in our chairs for the group.



David Woodhams, Newsletter Editor.

REBUS CLUB OF FOXTON



HERITAGE HOUSES & LUNCH.

We had a great day out at Sanson's **Woolshed Café**. About 20 Foxton Rebus members got together for lunch and an audio guided walking tour through the 7 relocated heritage houses, each from a different era, 1860s and ending in 1960s, restored and decorated to their original form. They showcase our life in New Zealand and some of the events that have shaped who we are today.

Dereley Barry, Newsletter Editor.

REBUS WAIHEKE ISLAND

Mini Speaker: Rachel Bell from **Dance Out Loud** inspired us all talking about her passion for dance. Music can be taken anywhere and everywhere. Aged 12 she was on TV with a dance group on the **What Now** programme. Aged 16 the family moved to Auckland and aged 17 she was a rotary exchange student in Denmark. She returned to Christchurch and became a dance teacher, having a business before finishing school! She then moved to Wanaka where she brought up her 3 daughters as well as having School Dance Wanaka with 350 students. In 2011 she returned to Denmark for 2 years then returned to Wanaka and **Dance Out Loud** was born. In 2019 she moved to Auckland's North Shore and spent the first year of covid teaching by zoom. She longed for a sense of community and in December 2020 purchased the Waiheke Dance School. She has classes for all ages, pre-school, school age and the super-groovers. *Tania Sweet.*

THAMES BONANZA CLUB

We had an interesting **Speaker** who had visited every Lighthouse in N.Z. Our local trip was to the **Oasis Garden Studio** in Puriri, and then onto the **Cheese Barn Cafe and Factory in Matatoki**. Cathy Haigh, the Cheesemakers wife, gave us an overview in the making of cheese, and being an organic factory the very strict procedures they must adhere to, from obtaining their raw products and factory procedures. Sourcing organic milk often requires driving considerable distances as there is no one farm that can supply them throughout the year. The cheese tasting boards with Goudas, Soft Cheese and Blue were quickly gobbled up. The Gold Medal winning Gouda was the most popular. They have won many awards, their cheeses sent to outlets throughout the Country. A snack lunch from the Café followed, and many of us went home with cheese products.



Murray Newby, Newsletter Editor.

RED BEACH LADIES' REBUS CLUB



PRESIDENT'S REPORT

Last month's speaker, **Joanne Fae**, spoke about eyebrows and how they set our face. She gave an excellent demonstration on using the right tools and make-up to enhance our eyes, using **Jacqui Hall** as a model, and the transformation was amazing. Joanne has a very nice set-up at Evelyn Page Village where anyone can make an appointment for a consultation. Wendy Dazeley and I both went along and were delighted with the results of our brow-shape and brow kit purchases.

Bobbie Wakenell, Newsletter Editor.

I like work; it fascinates me. I can sit and look at it for hours. Jerome K. Jerome

Retirement is not the end of the road; it is the beginning of the open highway.

REBUS CLUB OF PALMERSTON NORTH

A group of us enjoyed the museum and a walk through the magnificent forest at **Bushy Park** near Wanganui, accompanied by friendly fantails and tui. A splendid afternoon tea in the Category 1 heritage homestead, designed by Charles Natusch and built for G F Moore in 1906, capped off the visit very nicely. (photo R.)



The **Club Speaker** at our recent meeting was **Roger Ball** who led us through the years of his study at Massey University and his first job as a scientist at the DSIR Grasslands Division, where 50 years ago, with co-workers, they obtained a deeper understanding of nitrogen loss from pastures, as ammonia and the leaching of nitrates. He later extended his research in Europe.

Our **Guest Speaker**, **Erilyn McMillan**, spoke about NZ military heritage through stitch. A textile artist, she displayed 17 quilts she had made on the theme “**WW1: Home Front to Front Line**”. Erilyn explained the research she did before deciding what to stitch onto each quilt. A different perspective on part of our history. *Dean Halford, Newsletter Editor.*

REBUS CLUB OF GULF HARBOUR



Our **Guest Speaker** in June was **Véronique Guilloteau** from “**BRAINFIT**”, topic: “**How we can, with a healthy brain, have strategies for everyday life, regardless of age.**”

This engaging French lady covered a complicated topic in plain language we could all understand, and explained the process our brain uses to record memories. She involved us all throughout her talk, as she explained how we remember, and recall events. We were given numbers and words to memorise, demonstrating how we can train our brain to work in new ways. We waste too much time looking for items we cannot find, and were given tips to avoid this situation.

I still remember the words and numbers she used, so the system obviously works. *Jean McIntosh, Newsletter Editor.*

REBUS CLUB OF MANAWATU



May's Speaker: Phillipa Williamson's heartwarming, lively, talk covered her trips to Johannesburg to care for abandoned babies at a local orphanage. Phillipa shows herself having fun cuddle time with babies at the Johannesburg orphanage (photo Kath Nevatt).

Our Rebus May strollers brave the chill on the



Margie Comrie.

WAIKANAĒ MILLENNIUM REBUS CLUB INC.



MYSTERY CAR RALLY

On 23rd May at 1.15pm we grouped into cars, received the instruction sheets, and then raced around Waikanae and Pekaepeka. At 3.30pm we gathered for afternoon tea and scoring. A fun day enjoyed by all. Winners were **Team Bewildered** - Cathy and Bill Mitchell and Jennifer Komar. (Photo L.)

And they are at it again! The Golden Oldies Movie Makers have started filming their latest Blockbuster, great fun!! Ed.

David Goggin, Newsletter Editor.

REBUS CLUB OF WANGANUI

June Speaker was Paul White, who spoke about his years with **Search and Rescue** - the challenges they faced, and the methods they used to track and locate lost trampers etc. Pictured (R) Paul showing the gear worn at his time with Search and Rescue. He also showed his service medal. A very rewarding time in his life.



There was a good turnout for the visit to **BREMWORTH CARPETS** ex Cavalier Spinners. The group thoroughly enjoyed watching the process of carpet making. *Paerau Taylor, Newsletter Editor.*



REBUS CLUB OF HIBISCUS COAST

The first half of the month brought us beautiful weather on the Hibiscus Coast. Our meeting on June 6th was addressed by **Professor Paul Spoonley** who spoke about "The rise and rise of hate speech/politics locally – and the influence of US MAGA and QAnon politics on our online worlds".

Outside, the **Ramblers** ramble [with Gulf Harbour] each Monday, and a small group of 12 travelled to **Mystery Creek** in Hamilton on June 16th for the **2023 Fieldays Exhibition**.



Paul Robinson, Secretary.

REBUS CLUB OF UPPER HUTT INC.



The **Guest Speaker was Peter O'Flaherty**, whose presentation was based on material from his book "Akatarawa: A History of the Sawyers, Settlers and Schools, 1870s—1980s." Originally launched in September last year at *Whirinaki Whare Taonga*, at over 400 pages the book is a remarkable collection of photographs and information, and is an enormously valuable source of material about a special part of Upper Hutt history. He enjoyed tramping then hunting in the Akatarawa and southern Tararua ranges. Friendship with older generations of bushmen led to a promise to record their experiences. From early tree planting, pruning and thinning, logging and sawmilling over 50 years have given him a unique insight into Akatarawa history. Originally from Ireland the O'Flaherty family have lived in Upper Hutt for over 100 years.

Alex Attewell, Newsletter Editor.



WOMEN'S REBUS CLUB OF WAIKANAE.

Our special club meeting was held at **The Plateau in Parkwood** where we celebrated our 32nd birthday with high tea. We had some fun with a quiz put out by Joy McLeod and our committee was very ably assisted by Ann Joines who organised so much of the morning. It was a special occasion, and we all enjoyed the time spent together. *Mary Paddock, Newsletter Editor.*



COMBINED REBUS CLUB OF PARAPARAUMU BEACH INC.



We welcomed **Mary Hollywood** into the club. Mary has come from the Wairarapa and is now residing on the Coast.

The **New Zealand Fire Service** gave a very informative presentation on Community Readiness and Recovery last month. Everybody was encouraged to fill out a form for a free home inspection – I'm still waiting for mine.

The **Wine Tasting Group** thoroughly enjoyed our latest tasting on Wednesday 21 June presented by **Michelle Fraser on behalf of Clearview Estate Winery**, Hawkes Bay. Michelle proved a fund of knowledge about wine in general and Clearview's history. She also spent time on the recent storms and the damaged caused to many wineries in the area. The tasting commenced with a Blush (a type of Rose), followed by Sauvignon Blanc, two Chardonnays of which the Beachhead Chardonnay was particularly good. We also had a Gewürztraminer, Merlot, and a Syrah.



Steve Hutchison, Bulletin Editor.

REBUS CLUB OF PETONE



Caryl and Gary McKay attended the Rebus NZ Inc. AGM in Wanganui on 6th May. At the Saturday night Dinner, they received a framed **Certificate of Attainment** on behalf of the Petone Club, acknowledging 20 years' service to Lower Hutt and Petone, formerly Probus and now Rebus.



to use the Poppy in 2013. Lower Hutt has 23.

Our **Speaker this month was Terry Mcbeth** talking about Poppy Places. These are the Poppies displayed on street signs. There are 78 street signs in New Zealand displaying the poppy. The RSA gave permission

Sharyn Bowen.

FITZHERBERT REBUS CLUB INC.

From growing up in a Children's Home and knowing no family, to finding one sister and then working with her to discover a very large family scattered around the world, is the stuff novels are created around. **Anna Williams** discovered it was her real-life story. It made for some extremely interesting, funny, and puzzling discoveries. After being alone she became part of a large world-wide family. Along the way a long-lost best friend from the Children's Home was found via the **Antiques Roadshow**, the hand puppets **Sooty and Sweep** and the daughter of the maker of the puppets. After many years, life turned out to be a small world. Anna related her story extremely well. She is also a very talented Quilter, and showed us some of her international prize-winning quilts.



Karen Carter, Secretary.

I've reached an age where my train of thought often leaves the station without me.

A retired husband is a wife's full-time job.

There are far, far better things ahead than anything we leave behind. C. S. Lewis.

PAHIATUA AND DISTRICTS REBUS CLUB

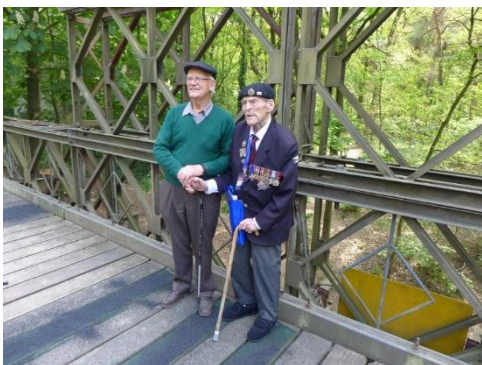
Our June meeting was a little bit different from the usual in that we had just one speaker followed by a very sociable Soup & Bun lunch put on by the committee members. Our **Speaker was Hayden Weal**, an Auckland based filmmaker. He shared his various work experiences which included everything from filmmaking (when he showed us a video clip of him and his team blowing up a big warehouse – which turned out to be a miniature warehouse built expressly so it could explode); acting as a body double for Hobbit actor Martin Freeman for 3 years during the making of the Hobbit; more recently acting in Shortland Street as **Harvey** (the journalist); as well as publishing a fiction book for teenagers **You Heard It Here First** using the nom de plume **Emmerson Black**. Another book is apparently in the pipeline. What a wealth of experiences he had to share. He is soon to widen his horizons in London.

There was a wide range of soups on offer and a bottomless cup which meant we could try various types throughout the morning. A wonderful morning for all.



Liz Barnes, President.

REBUS CLUB OF KHANDALLAH



May Speaker: Nick Lambrechtsen, on “**The longest floating Bailey bridge of WWII.**” Nick had travelled to the Netherlands in May 2022 to be present at the unveiling of two monuments (one on each side of the Maas river) to commemorate the building of the longest floating Bailey bridge of WWII: the Lambrechtsen Bridge, between Oeffelt and Gennepe. Nick was representing his father, **Constant Lambrechtsen van Ritthem** – a ‘river engineer’, a civil engineer with specialist knowledge of water level fluctuations of Dutch rivers. When Lt. Lambrechtsen correctly forecast that the Maas was going to be 1.2 km wide, the Brigadier ordered 140 lorries of Bailey bridge material for constructing the bridge, designed by Lambrechtsen and **Captain (later Major) Ted Hunt** of the British Royal Engineers. Major Hunt was still alive at the unveiling at 102 years of age, but he died just two months later, having seen his dream fulfilled in a spectacular way by the Dutch Army Engineers. Nick’s father died in November 1994. The inscription on the monument reads:

“**These two Bailey segments, floating above the banks of Oeffelt and Gennepe, are a tribute to the floating Bailey Bridge, 1222 metres long and weighing 1126 tons, that the English sapper Major Edwin Hunt MVO and the Dutch civil engineer reserve lieutenant Constant Lambrechtsen van Ritthem planned and designed. The bridge was built between 12 and 20 February 1945 by 7th Army Troops Engineers of the British Second Army. With its staggering length, this masterpiece was the longest floating Bailey Bridge of WWII. "Have no fear, the sappers are here!"**

Sharon Major, Newsletter Editor.

“And that’s a wrap” as the Movie Makers say, for another month. My thanks to those clubs who have sent me contributions for this edition, it’s **your** news people want to read. Please remember to send your contributions to rebusclubnews@gmail.com

We have enjoyed one Mid-Winter Lunch today, and the second one is scheduled for July. It is hard to keep a sylph-like figure with so many Rebus eating functions, but sharing food with others is a very basic way of communicating, and so delicious when somebody else has done the cooking, and then the dishes afterwards!



I had decided to refrain from commenting on the weather, but every cloud had a silver lining, and my little Seville orange tree has excelled itself this year, with the largest, best fruit ever. 2023 will go down in our household as a vintage year for marmalade, thanks to the rain. (I cannot believe I am saying this). Best wishes to you all, stay safe, and stay warm.

Jean

Editor, Rebus Club News.