



REBUS CLUB NEWS

June 2022

*[Email:rebusclubnews@gmail.com](mailto:rebusclubnews@gmail.com)

Hello everyone,



“It’s beginning to feel a bit like . . . Christmas,” and during June and July many clubs will be holding a Mid-Year Luncheon, if they have not already done so. There is no denying the fact that most Christmas fare is better suited to cold weather months, and salads the more appropriate option on 25th December. However, if you grew up in the northern hemisphere, Christmas is synonymous with roast turkey and Christmas pudding, and no matter how many years roll by, I still manage to produce the traditional fare in December (phew!!) and a slightly simplified version in winter – I am a glutton for Christmas pudding. And what better way to greet your guests than with a spicy glass of mulled wine to warm the cockles of your heart and get the event off to a cheery start.

Sharing a meal with friends, old and new, is a time-honoured way of forming and cementing friendships, so whatever the menu, wherever the venue, I hope you all enjoy a festive lunch with your Rebus friends, prepared by someone else, and you don’t have to do the dishes afterwards! Functions like this are important for bonding members and strengthening your Club, and I will drink to that!

I am delighted that Rebus has a new Club. The **Ladies’ Rebus Club of Avondale** has just joined the Rebus family. Welcome, ladies. We hope your association with Rebus will be a long and happy one. **Now, for all your news:**

REBUS CLUB CAMBRIDGE



The highlight of last month’s **Ploughman’s Lunch** was a presentation by Past President Avis, to **Peter North and Richard Carver**. Both were given framed certificates of appreciation from the Club. Peter had been Treasurer for more than 10 years, and Richard was a Past President and committee member for over 10 years. More than 35 members attended the beautiful luncheon, prepared by committee members, together with drinks, nibbles, and lots of fellowship. Avis convinced all committee members to provide a childhood photo, and those present were invited to guess who they were, and their previous occupations - with mixed but hilarious results!
Steve O’Sullivan, Presidential Scribe.

OMANU REBUS CLUB

A small group of our members gathered for a fun time at the **10 Pin Bowling** last week. Some players showed hidden talents while the rest of us admired and persevered and thoroughly enjoyed ourselves. We all voted for a next time, but we will make it late morning to avoid schools coming out and the ensuing traffic woes!

And again, a small number of our members gathered at the **Tivoli Theatre** at the Excelsa Centre, Golden Sands Drive in Papamoa to enjoy the movies. Most chose to see *Downtown Abbey*, and a couple chose *Olivia* (which turned out to be a rather dark story). Jim and I chose to see *Operation Mincemeat*, which we would thoroughly recommend. Colin Firth is certainly a class actor!
Rose Coutts, Secretary.

Old age is like a plane flying through a storm. Once you are aboard there is nothing you can do about it. Golda Meir

There’s no such thing as bad weather – only the wrong clothes.” Billy Connolly

TAUPO MOANA REBUS CLUB



Twenty-seven members tried their hand at playing Bingo/Housie which was the Clubs Social outing for June. Eighteen members opted to have Lunch beforehand. Our caller was Ian Triscott, and the Banker was Murray Bishop. Their expertise in these rolls is amazing.

Ian advised us that Bingo/Housie was first played in the 16th Century, and the Country with the most players is Japan. One table was very successful winning the most lines as well as the Full House! What a nice way to spend a Winter afternoon with good company and lots of laughs.
Christine Bailey, Bulletin Editor.

RED BEACH LADIES' CLUB

There was a good attendance for our May meeting with guest speaker, **Penny Ashton**, chatting about her journey and experience in the hospitality business, to becoming owner/operator of **New World Whangaparaoa**. Her sense of humour and can-do attitude was most entertaining, followed by a lively discussion from the floor with members keen to hear more.

Speaker: Tania Adams – Pharmacist at Unichem Manly Pharmacy.

The Adams family are well-known on the peninsula, and Tania will speak to members giving general advice on health, medication and nutrition and the importance of keeping fit and well during the Winter months.

Bobbie Wakenell, Newsletter Editor.



THAMES BONANZA CLUB

We welcome **Barry van Niekerk** as a new member.

We were very fortunate to have **Andrew Crowe**, a best-selling author, as the Guest Speaker at our May meeting. He gave a well-researched visual presentation on the numerous ways that Maori and their Polynesian ancestors used the flight paths of migrating birds, and other factors, to determine that land masses must be present somewhere south of their various Polynesian homelands.

Personally, I was extremely relieved to get the Bluetooth wireless link between Andrew's laptop and our sound system working as intended, after a battery issue.

Gary Meek, Newsletter Editor.

REBUS CLUB OREWA



President Robert Letcher inducted 5 new members at our May meeting. From left to right: **Florence Murphy, Maree Bundy, Andrea Norris, Brendon Fitzgerald, Murray Jones.**

Welcome, we hope you enjoy the fellowship and activities our club has to offer.

Our Guest Speaker at the May meeting was **Brenton Faithfull** giving a presentation on the solar system and the universe. He blew us away with his video showing us how small we are in comparison to other planets in the universe millions of light years away and how deep space really is. Very interesting talk and made

us realise even more how beautiful and precious our planet is.

Maureen Grigg, Bulletin Editor.

We must recognize that, as we grow older, we become like old cars – more and more repairs and replacements are necessary. C.S. Lewis

WEST AUCKLAND MEN'S REBUS CLUB

Murray Parker was the **Guest Speaker** at the May meeting. He spoke about the **National Parks in USA** and showed photographs taken during his seven trips travelling through the parks with his wife **Suzanne**. *



Most people travel to the USA to see the cities, but Murray said visiting the parks has been the best part of his trips.

The first park we heard about was **Death Valley in the Mojave Desert**. It is the hottest place on earth because of the arrangement with the mountains, which take all the moisture out of the air. The highest temperature recorded in Death

Valley was 57°C in 1913. **Zion National**

Park in Utah has the best rock and canyon features. On one trip, Murray hiked over a steep trail known as **Angel's Landing**. It has claimed over 20 lives. Murray's destinations also included **The Grand Canyon in Arizona, Yosemite, Mt Rushmore, Devils Tower National Park, Yellowstone, Grand Teton National Park (photo), Dixie National Forest, Bryce Canyon National Park, Arches National Park, Dead Horse Point State Park, Monument Valley, Mesa Verde National Park, San Juan National Forest, Garden of the Gods, Glacier Bay National Park**. *Suzanne is the President of the **Ladies Rebus Club of Avondale**.



Vince Middeldorp.

REBUS CLUB OF MANAWATU

JUNE GUEST SPEAKER: Fraser Greig manager of MPR (Manawatu People's Radio) described what this Access station does (much more than radio) and how it supports the community and gives voices to minorities in the Manawatu.

From the May walk by the Racecourse, the Monument was erected to honour the **staff nurses and doctors** who nursed the WW1 soldiers in Palmerston North. *Please excuse tech incompetence resulting in picture's drunken lean, Kees.*



Margie Comrie.

REBUS CLUB OF FOXTON

Expressway Shuttle Sunday 5th June.



completion of this part of the Expressway is long awaited.

Foxton Rebus members steamed along the rail track in a beautifully restored carriage from Paraparaumu to Manakau accompanied by a commentary on the new, yet to be finished highway, while enjoying a cuppa and snack. After a 10 minute stop the diesel engine at the end of the carriages towed the carriages and steam engine back to the Paraparaumu Station. Transmission Gully is a godsend for South bound traffic and the

Dereley Barry, Newsletter Editor.

REBUS CLUB OF DEVONPORT INC.

At the AGM in MAY this year, Past President Helen Chalmers on behalf of **THE REBUS CLUB of DEVONPORT** presented **LIFE MEMBERSHIP** plaques to **CHARLES DIGBY and IAN PAYNE**. Both are Past Presidents, who served the Club in almost all office bearer positions over very many years.

David Thomson, Newsletter Editor.



Wisdom doesn't necessarily come with age. Sometimes, age just shows up all by itself. Tom Wilson

REBUS CLUB OF PALMERSTON NORTH

Bitter wintry weather was temporarily shut out as a group of us tucked into a good lunch in front of a cosy fire at a local Irish pub recently. You can't beat the warm Rebus friendship, either! Our June club speaker, **Rosalie Heckler**, told us of her farming ancestry in Otago and Tararua-Manawatu and her voluntary community service experience. Her overseas tours included Turkey, then a visit to 'Floriade' and Keukenhof in The Netherlands. This led into a slideshow presentation by **Dean Halford** on a tulip festival at Keukenhof, the world's largest flower garden, where over 7 million tulips made a spectacular display in a beautiful woodland setting. The festival climax was a floral parade of highly decorated floats.



Donations by Club members to **Arohanui Hospice** were collected at our June Club meeting. These were most gratefully received (photo).
Dean Halford, Newsletter Editor.

TAURANGA CENTRAL LADIES' REBUS CLUB



Our May **Guest Speaker** was **Lori Lane** from the **Acorn Foundation**, one of 17 community foundations in NZ. The Foundation began in 2003 by a donation from the late Edna Brown, who wanted to support her community but was unsure how to go about it.

Lori used overhead illustrations to explain how Capital is invested in perpetuity for a portion of the income to provide donations to local charities, scholarships, and awards. Since 2003 the

generosity of donors has resulted in:

\$55m in funds,

800+ Scholarships,

\$10m gifted to our community,

270+ local charities supported.

Margaret Douglas.

WAITAKERE COMBINED REBUS CLUB



Our June meeting Speaker was Chris Harris from **Humanity Matters (N.Z.)**.

Chris shared with us his experiences while travelling and studying overseas.

We were shown slides of the Holocaust and stories of the survivors of this time.

Phyllis Greenland.

A friend is someone whose face you can see in the dark.

WAIKANA E MILLENNIUM REBUS CLUB INC.

It was lovely to see the beginning scenes of everyone enjoying the Christmas Dinner and Club Barbecue earlier in the year. The latest production "**Can You Trust a Crystal Ball?**" was once again a delightful, enjoyable, and polished showcase for the talents of the members of the group. Congratulations, and we eagerly await your next effort.



President Cathy Mitchell welcoming three new members.

From left: Deb Wall nominated Cathy Pentecost, Margaret George with nominee Yvonne Carkeek and Dianne Mulvay nominated by Diana Roberts.

David Goggin, Newsletter Editor.



Autumn with its glorious colours, arrives each year without...

- resource consent
- long term plans
- management plans or leadership
- and no admission fees have been paid!

REBUS CLUB OF MT. HOBSON



Guest Speaker for May – Jude Walter. Topic: “Why Brain Fitness Matters”

Jude explained that nothing she spoke about would cure Alzheimer’s, but she could provide strategies that can help healthy brains compensate for the memory changes that will inevitably happen as one reaches the 60’s or 70’s. Memory is not an object one can lose – it is more like a set of abilities that can be improved. The best news is that getting older does not have to go hand in hand with memory loss but when it comes to the brain or memory it really is case of “use it or lose it”. The more ways one can learn to “save” a memory the easier it will be to remember. Which is not easy when it is estimated that one receives 22gb of information every day. Some forgetting is quite normal – but don’t forgive yourself too easily. Memory lapses waste huge amounts of time but they also undermine our confidence and self-belief. There are a few simple strategies that can help your brain recall where you put things in your memory.

Chris de Boer, Newsletter Editor.

Editor’s Note: this was just part of a fascinating talk relating to us all. I wish I had space available for more. Ed.

Contact: Phone: +64 (0) 27 2863961. Email: jude@brainfit.nz.

SOUTH WAIRARAPA REBUS CLUB



In May, Members and guests were privileged to hear from **John Mansell**, Chartered Master Mariner, a **Fellow of the Nautical Institute**, and a seafaring career spanning 35 years. These included 13 years of world-wide service aboard cargo ships, followed by 22 years on the Cook Strait Rail Ferries, 20 of them in command. John’s talk was largely on his sea-going experiences with little mention of his later 20-year substantial international career in global maritime law. In 1994 he came ashore and was appointed General Manager, Maritime Operations for Maritime New Zealand (MNZ), a position he held for 15 years.

During this time, he studied at university and earned a master’s degree in Maritime Studies and a PhD in International Maritime Law. From 2009 to 2014, he was Principal Maritime Advisor to MNZ, responsible for the updating of a suite of qualifications for all New Zealand commercial ships.

And what’s the secret to a happy ship? “A good cook,” according to John.

David Woodhams, Newsletter Editor.

REBUS CLUB OF UPPER HUTT INC.

The **Guest Speaker** was **Anne Schumacher**, Chief Executive of **Dementia Wellington** for 6 years. Anne, a registered nurse, was awarded her MA in Nursing from Victoria University in Wellington. She has worked extensively in the aged care sector, holding senior management positions in both residential and community settings. She leads a small team of professional staff and volunteers who work across the Wellington region supporting people with the daily challenges of living with dementia.

Anne explained what dementia is, the different types, and the early signs, as well as highlighting some of the risk factors associated with the disease.



Alex Attewell, Newsletter Editor.

REBUS CLUB OF KHANDALLAH

At the May meeting two new Rebus members were welcomed into membership. One of the members showed us some of the clocks in his extensive collection. Peter commented on the various countries that made clocks and how they worked. We heard how his collection started and saw very ornamental clocks, a special carriage clock, beautifully painted clocks, and listened to those that had chiming mechanisms. The clocks were carried carefully into the hall with help from Rebus members and took up two tables. It was a most enjoyable talk and generated great interest.



The **Romeos** (Rebus Old Men Eating Out) had a luncheon at the **Sprig and Fern** in Tawa, good company, and food. As well as the Romeos we have a Walking group, three Dine out groups, two Book groups, a Garden group, Craft group, and Woodmancote Warblers singing group.

Heather Nelson.

WAIKANAE COMBINED REBUS CLUB



At the Solstice Lunch held on June 13, Nigel Dougan, Rebus NZ Board Member, presented a Certificate of Attainment to the Club in recognition of 25 years of service to active retirees in the Waikanae District. He welcomed members to Rebus from a former Probus Club and looked forward to maintaining contact. In the photo he presents the certificate to President **Mike Langdale-Hunt**. Forty members attended the lunch which heralded another special presentation. **Life Memberships** were awarded to **Alan Froggatt** and to **George Warcup**, both having served in several portfolios on the

Management Committee.

At our May meeting members were entertained and informed by two black Labrador dogs for the blind, **Yaz and Ruby**, with their owners, **Sue and Deb**. Both partially sighted women expressed their gratitude for having the dogs.

Clive Palmer, Newsletter Editor.



HASTINGS REBUS CLUB

Our **Guest Speaker** was a presentation given by **Triton Hearing audiologist Lan Weir**. There are a number of Hearing Aids on the market and since her talk I know of at least two of our members who have purchased new ones. I won't have to talk as loud at the next meeting.

One of our main activities since we are not taking trips, once a month, we meet for morning tea or luncheon at various venues in our area. This monthly meeting was at the **Lappucino Cafe** for an enjoyable get together. If any Rebus members visit this district I would recommend this café, and should they wish for any info for eating establishments, contact our Club, as we have already sorted out the best in the Bay!

Leon Davidson.



CAMBRIDGE MEN'S REBUS CLUB



At the Club meeting on 15 June, the 57 members present resoundingly endorsed the Executive Committee's recommendation that **Life Membership** be conferred on long serving member and former president **Bob Wishart**.

Ben Skeen, Headmaster of St Pauls Collegiate School in Hamilton was **Guest Speaker**. Ben spoke of his educational experiences and challenges, especially now at St Paul's with its student roll of 875

students, including 300+ boarders. He has also enjoyed an extensive career as a international Rugby referee, having been a NZ high performance rugby referee and Television Match Official (TMO) since 2005. After officiating in 68 international test matches, he has retired from his referee and TMO commitments. Despite the challenges facing modern youth, Ben remains optimistic for the younger generations.



Nigel Salter.

MT. ALBERT LADIES' REBUS CLUB

We had only 5 meetings in the last financial year, although we did keep in touch via phone and email. Today our hall was full for our AGM. There was a very happy atmosphere as members greeted each other. We recently enjoyed our **Matariki lunch at Soljans Winery**. The photo shows our wonderful long-time Secretary, Nellie McFarlane, with her **Life Membership Award** which she received at the AGM.

Diane Dorreen.



**Don't worry about avoiding temptation,
As you grow older it will avoid you.** Winston Churchill

Friendship is a sheltering tree. Samuel Coleridge

REBUS CLUB OF GULF HARBOUR

We joined with the Rebus Club of Hibiscus Coast to visit the **Hundertwasser Museum in Whangarei** where we learnt about the interesting life of the worldwide talented artist from Austria who lived an alternative lifestyle near Kawakawa, Northland. On leaving Whangarei we stopped at a large modern dairy farm to watch the rotary milking process – the cows looked



happy! Another trip was to **Cable Bay Vineyards**. We took the ferry to Waiheke Island for lunch and wine. The walk to the vineyard was longer than expected. On the way back 4 of us missed the ferry!

Guest Speaker last month was **Chris Curlett** from Mangere Lawn Cemetery Trust, whose topic “From here to Eternity – an overview of bereavement options” prompted

Pamela Warner, Secretary.

REBUS CLUB OF WANGANUI

The “**Royal Opera House**” outing, Tuesday 21st June 10.30 a m, followed by lunch at the **Brick House**.



The Royal Whanganui Opera House is a theatre located in Whanganui. Built in 1899, It opened in 1900 and it is New Zealand's last Victorian theatre. Located on St Hill Street in central Whanganui, the theatre seats 830 and is a venue for many local, national, and international events, and is renowned world-



wide for its architecture and acoustics.

Paerau Taylor, Newsletter Editor.

REBUS CLUB OF FEILDING

Our **Speaker** in June was **Isaac Henderson** who is a hobbyist arranger/composer, and the Conductor of the **Manawatu Youth Orchestra**. He gave a fascinating talk, explaining the Conductor’s role and each section of the orchestra and their position. He showed his score of music, which he reads a page at a time, as it covers the whole orchestra with only a few bars of the music per page.



Bus trip to Wairarapa in May was well attended - a very enjoyable day out. We stopped at **The Lazy Graze Cafe in Eketahuna** for morning tea, then on to the **Workingman’s Club in Greytown** for a lovely roast meal and a visit to the **Cobblestones Museum**.

Lyn Jensen.

FITZHERBERT REBUS CLUB INC.

Welcome to new members: **Sheryll Henderson and Bruce Ward**. We look forward to sharing our activities with you and getting to know you.

Last month: We had a very informative talk on alarms by Paula Lardelli of ‘NevaAlone’ personal help alarms. There are different types of personal alarms but the one that activates when one falls or drops it held most interest from our members. These alarms are not just for elderly folk but work well for anyone suffering mobility or other disabilities. Maureen Strong reminded us that, in case we have a medical emergency, we should carry a list of our medications in our wallet or purse. We should also add to our mobile phone contact list “ICE” (In Case of Emergency) with the number of a relative or friend should we need to contact them.

Allain Scott.

Enter new password: ‘chicken’

Password must contain a capital: ‘chickenkiev’

COMBINED REBUS CLUB OF PARAPARUMU BEACH INC.



Our main speaker was **Rebecca Rolls of Thoroughbred Foods**, Levin. It turned out to be one of those addresses where Rebecca held our attention from beginning to end. A fascinating story of a “Kiwi made good”. She specialises in making gluten-free loaves, having started things off in a very small way from home-based primitive circumstances in the wilds of Northland. Her reputation grew over a few short years, during which she and her family moved to Levin. These days she is producing 1600/1700 loaves a week from factory premises and can be found each week at the **Paraparaumu Beach Saturday Market**. Here we enjoyed sampling the products.



Nigel Dougan.

REBUS CLUB OF HIBISCUS COAST

Hundertwasser coach trip 25th May. This was the first trip organised jointly by Rebus Clubs of Gulf Harbour and our own Club and a great success. Forty-one of us travelled by coach to the Arts Centre in the Whangarei Basin, adjacent to the shops, cafés and Clock Museum. The Hundertwasser inspired Centre building is a huge work of art itself, both outside and inside. There are many works of art following his career from his first painting to his last, unfinished. There was a film presentation of the artist’s earlier life, a museum shop, a café, and a rooftop garden. After lunch in one of the excellent cafes, we visited a dairy farm at Waipu. Here we had an introduction from Alistair, who, in spite of interrupting his busy milking time, made us very welcome. We got close up and personal with his “girls” being milked on a 60-cow automated rotating milking system. Alistair was keen to point out all the good work he, and most other farmers are doing for the environment to lower his farm’s carbon footprint - a welcome change from all the negative aspects of agriculture that the media tends to focus on. Thank-you, Kim, for arranging this addition to our trip.



Phil Martell, Bulletin Editor.

WOMEN’S REBUS CLUB OF WAIKANAE

Susan Church, **Manager of Age Concern Kapiti**, gave a most informative talk at our June meeting. She provided an excellent introduction to the vital work Age Concern does and left us with pamphlets and their latest magazine with plenty of information for us to follow up. (Photo right)



We welcomed new member **Jenny Wilson** (photo left) with Allison Chappell.

As June is our Club’s ‘birthday’ we had a special morning tea. Four of our foundation members were present: **Janet MacPherson, Maureen Hinde, Margaret Turner, and Noel Fama**. They told us many interesting stories about their early days with the group. It was wonderful to hear these special ladies recall their memories.



Mary Paddock, Newsletter Editor.

REBUS CLUB OF HAMILTON

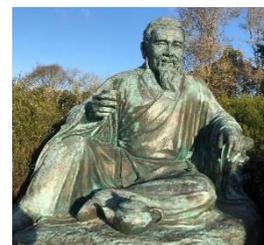


At the **June Meeting** 3 new members were welcomed into the Club.

L to R – Sally Direen introduced John and Jackie Pinfold; Margaret Hendra was introduced by Susan Edwards; President Jane Smith.

Visit to Zealong Open Day. We received a warm welcome as a group of 15 of us attended the Zealong Tea Open day. We enjoyed tasting the many

varieties of tea, learning about the process involved in harvesting, drying, rolling, and packaging the product for market as well as the history behind Zealong in New Zealand. A highlight was the tractor-driven hayride around some of the 48-acre property with stops to explain the filtration system, the



original oolong tea plants, and the method of mowing between the rows of bushes. Areas of the property were set out to show how they could be utilized for weddings or commercial functions, and we enjoyed our picnic-box lunch in an area decorated as a kid's party area, complete with balloons and creative toys. *Kaye Wallis, Bulletin Editor.*

PUKENAMU REBUS CLUB INC. WANGANUI



Guest Speaker, Neil Farrer, is a semi-hobbyist beekeeper with over 50 hives, who gave us an insight into the life of the bee. Beekeepers like the bees to be calm, "If the queen is calm, the hive is calm." Smoke is wafted over the hive to calm the bees so that the keeper can safely work with them. But, said Neil, "The most sensitive place to be stung is the tip of the nose." A fun comment! When bees find a pollen source, back at the hive they perform a "waggle dance" that gives the message to the hive.

Fun Get-together for Lunch. On a beautiful winter's day 33 members arrived at the **Red Lion**, where we all enjoyed a delicious meal and the lovely fire to warm us. With lots of chatter and a relaxed atmosphere, it was a tremendous success for our first Rebus lunch that replaces dinner.



Helen Goldfinch, Newsletter Editor.

Following the celebrations for Her Majesty's 70th Jubilee, these two contributions landed, separately, in my in-box.



I was reminded of the Coronation in 1952. I was nine years old, at Clarendon Rd. School, in Christchurch, England, and we were having a Pageant, (like everyone else). My mother was on the PTA and volunteered my father's maths skills to design 20 Welsh hats for the Welsh dancers, of whom I was one. I *really* wanted to be Britannia, the star of the Pageant, with a long white dress draped with a Union Jack, a trident, (like somebody's toasting fork,) and a shiny helmet, (like a coal scuttle) on her head. To be ready to step into the role I learned all her words, just in case she got measles, or stage fright, or got hit by the school bus. But Pat (Britannia) was almost a year older than I was, and she had *boobs*. So, I was stuck with being a Welsh dancer – I'll never forget it.



And on that note, the curtain comes down on another edition of Rebus Club News. Thank you for your company and your contributions. I hope you have found something useful for your Club, perhaps a seed of an idea to nurture for the future. So, till next time, stay safe, stay warm, wear a mask, and relish each other's company.



Jean

Editor - Rebus Club News